



WHY A ROSE WEST CSA BOX?

My life's passion is supporting and connecting people to local agriculture and food. Your Rose West CSA box will feature a variety of products from local producers so we can spread the love! I have personally curated your box to include food from my favorite farmers and ranchers, as well as my own garden and kitchen.





WHAT IS IN A CSA BOX?

Your Rose West CSA Box will vary each week, but will include a selection of local pork and beef products, freshly harvested veggies and herbs, non-gmo eggs, a whole chicken, and a kitchen creation.

HOW WAS MY FOOD GROWN & RAISED?

I like to give credit where credit is due, so here's an overview of how your food was grown and raised...

ELK RIVER LIVESTOCK

Grass-finished beef born and raised in the Elk River Valley using regenerative ranching techniques

HAYDEN FRESH FARM

Providing fresh products from our farm to your family with premium nutrition, a great environment, and caring management to all of our livestock.

MYSTIC HILLS FARMSTEAD

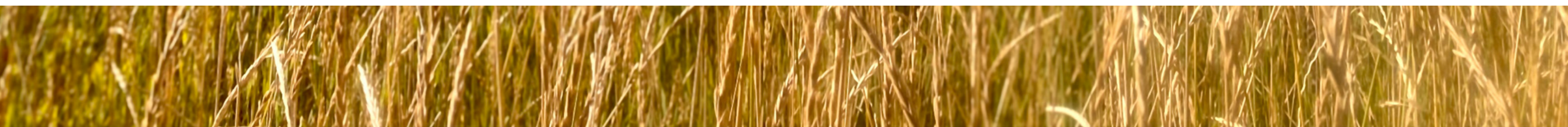
Small flock of chickens and ducks primarily for eggs and meat raised on pasture and fed organic feed in addition to kitchen scraps.

MURR MADE MEATS

3/4 Hampshire, 1/4 Yorkshire pigs pasture-raised on a family farm north of Craig

MOUNTAIN BLUEBIRD FARM

A diversified farm and market garden located on the banks of the Yampa River in Hayden, Colorado growing fresh produce using organic and no-till practices.





THE LOGISTICS

Here's the low-down on how you will receive your local food each week...

- 5-week subscription that runs from October 10th - November 7th
- Local delivery or pick-up available
- A weekly email highlighting box contents, cooking ideas, and kitchen music inspiration
- Weekly add-ons
- Cost: \$315 (+\$25 delivery fee if applicable)

SAMPLE BOX

3-4lb Pork Shoulder | 1lb Sirloin Steak | Jar of Garlic Confit
Dozen Eggs | Winter Squash | Broccoli

Just the right amount for a couple of meals
for the week with no food wasted!

*Entertaining for friends or family?
Bulk up your box with weekly add-ons!*





CSA SUBSCRIPTION BOX FAQ

Q: When is my subscription time period?

A: Your CSA Subscription Box is 5 weeks long. Your first box will be ready for you on Tuesday, October 10th, and the last one on November 7th. You will have 5 boxes total, one each week.

Q: Is the meat frozen?

A: Yes, all the meat will come frozen. So you can always pop it in the freezer if you aren't ready to cook just yet. Also, the meat can be kept in your fridge for about 5 days so you can whip up a meal at a moment's notice.

Q: Can I make substitutes?

A: I have curated these offerings to provide you with the ultimate mix and match; therefore there are no substitutions. There will be products that are your already known favorites and some that you haven't tried before, making it the perfect adventure in food! Trust me when I say that everything is delicious and easy to cook.

Q: What if I'm out of town one week?

A: If you are not able to make it to pick-up or would like to skip delivery, please give me advance notice. I will keep all of the non-perishable items for you to pick up the following week. If no notice is given, box contents will be forfeited. Advance notice can be given via email to rosewestag@gmail.com no later than Monday nights.

